

ROSEMARY



Rosemary is a woody herb with fragrant evergreen needle like leaves. It's a native of the Mediterranean region and is part of the large mint or Lamiaceae family which also includes many other herbs.

Rosemary is well used for culinary purposes. The ancient Greeks use to say that Rosemary helped with memory, and in Australia it signifies remembrance - particularly on Anzac Day.

The ancient Greeks were obviously on the money with this herb and nowadays it's recognised by modern-day practitioners of aromatherapy as an aid to mental clarity. Rosemary is also dried and used in potpourri. The oil can be found in many perfumes and cosmetics, and there's nothing better than a roast lamb seasoned with Rosemary.

Care: It loves a hot dry climate and will grow in a range of well drained and slightly alkaline soils. If you live in a hot humid climate, then dust the whole plant with dolomite, because that works wonders and helps minimise disease.

Flowering season: During Summer it becomes smothered in long spikes of pale mauve flowers.